

Winter Season 2023

# City Recreation

## Active Engagement Opportunities

Website: [mountclemensrecreation.org](http://mountclemensrecreation.org)

Facebook: Mount Clemens Parks & Recreation



### Welcome to Mount Clemens Recreation

Phone: 586-469-6800 ext. 520  
Email: [abowers@mountclemens.gov](mailto:abowers@mountclemens.gov)

Providing community-wide youth, adult & senior activities that enrich the quality of life through programs, parks, and services. We are excited to be building recreation together in this vibrant, vintage city promoting active living, and a livable community. Join us for purposes of leisure, entertainment and recreational pursuits. Our priorities are people (YOU!), programs, parks, peace and preservation. Turn the pages for a snapshot of what our inaugural season looks like. You will find ways to stay fit, socialize, learn a new skill or even take a road trip! Thank you to the City of Mount Clemens, our supporters, and the instructors who are committed to this journey. We are strong, confident, essential, driven, selfless and passionate; we are your PARKS & RECREATION team!

In addition, to the Community Center (pictured above) our other indoor locations include:



58 Orchard

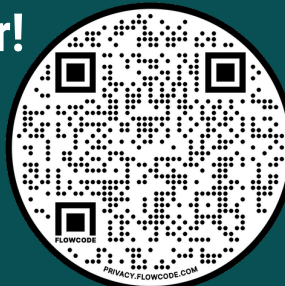


58 S. Wilson

Did you know? In our 4.2 square miles, we are privileged to have 12 public parcels in our park system (124 acres!)

### Ways to Register!

Scan the QR Code with your smart device & be routed to our page for activities!



#### IN-PERSON

Community Center  
300 N. Groesbeck  
Mount Clemens

#### IN-PERSON HOURS

Monday-Friday, 11AM-3PM  
Cash / Check / Money Order

#### MAIL-IN / DROP BOX

Mount Clemens Recreation  
300 N. Groesbeck  
Mount Clemens, MI 48043

#### WEBSITE

[mountclemensrecreation.org](http://mountclemensrecreation.org)

# PRESCHOOL / YOUTH

- Dance w/Spotlight Dance Works (\$63)**
- Th or S, multiple times: 1/19-3/9
  - Th or S, multiple times: 3/23-5/18\*
- Tang Soo Doo Karate (\$89)**
- Th, 6:00PM: 1/9-2/23
- Zumba Kids (\$36)**
- Th, 1:00PM: 1/19-2/23
  - Th, 1:00PM: 3/19-4/20\*
- Homeschool Way Free Play (\$36)**
- Th, 2:00PM: 1/19-2/23
  - Th, 2:00PM: 3/9-4/20\*
- Art of Holidays (\$8)**
- Sa, 10:00AM: 1/21; 2/11; 3/11; 4/1
- Indoor Futsal (\$53)**
- M/W, 6:00PM: 1/23
- Bright Barracudas Tutor**
- T & Th, 6:00PM: 1/24-1/31 (\$6)
  - T & Th, 6:00PM: 2/2-2/28 (\$16)
  - T & Th, 6:00PM: 3/2-3/30 (\$18)
  - T & Th, 6:00PM: 4/11-4/27 (\$12)
- TGA Junior Golf (\$139)**
- W, 5:00PM: 1/25-3/1
  - W, 5:00PM: 4/26-5/31

\*There are date(s) in this session  
when class does not meet.  
Refer to our website for specifics.

- Fitness Stars Exercise Made Fun (\$48)**
- W or S, multiple times: 1/25-3/11\*
  - W or S, multiple times: 3/15-4/29\*
- Free Play Friday (\$0)**
- F, 6:00PM: 1/27
- Breaking Barriers Bitty Basketball (\$53)**
- Su, 10:00AM: 1/29
- Kam Comics Comic Book Drawing (\$17)**
- T, 5:30PM: 1/31
  - Th, 5:30PM: 3/9
- Anton Arts for Preschoolers**
- W, 10:45AM: 2/1-2/22 (\$24)
  - W, 10:45AM: 3/1-3/22 (\$24)
  - W, 10:45AM: 4/12-4/26 (\$18)
- Kids Yoga (\$42)**
- Sa, 12:00PM: 2/11-3/18
  - Sa, 12:00PM: 4/1-5/13\*
- Delightfully Dramatic Acting Hour (\$56)**
- T, 5:00PM/6:00PM: 2/14-3/28
- Mad Science Spy Academy (\$123)**
- F, 5:00PM: 2/17-3/31
- Youth First Aid & CPR (\$0)**
- Sa, 9:00AM: 2/18
- Safe Sitter Babysitting Class (\$78)**
- Sa, 8:30AM: 2/25
  - Sa, 8:30AM: 4/29

- Youth Drawing Classes (\$81)**
- M, 6:00PM: 2/27-3/27
  - M, 6:00PM: 4/10-5/8
- Pokemon Pajama Party (\$6)**
- Su, 5:30PM: 2/26
- Kidz in the Kitchen (\$12.50 + materials)**
- W, 4:30PM: 3/8
- Easter Coloring Contest (\$0)**
- 3/20-3/31
- Family B-I-N-G-O Night (\$6)**
- T, 6:00PM: 3/21
- F.I.G.H.T Girl (\$0)**
- Sa, 9:00AM: 3/25
- Kids Wooden Sign Craft (\$28)**
- W, 6:00PM: 3/29
- Spring Break-Full Day-Slime Camp (\$143)**
- T, 9:00AM: 4/4
- Stay & Play Lego Party (\$6)**
- F, 6:00PM: 4/21

LEARN TO SKATE  
at the MC Ice Arena!  
\$5 DISCOUNT CODE: MCREC23

# ADULT

- Pickleball Gym - SignUpGenius (\$2/day)**
- M/W/F, multiple times: 1/9-5/1
- Denise's Dance-n-Groove**
- T & Th, 10:00AM: 1/17-1/31 (\$30)
  - T & Th, 10:00AM: 2/2-2/28 (\$48)
  - T & Th, 10:00AM: 3/2-3/30 (\$54)
  - T & Th, 10:00AM: 4/11-4/27 (\$36)
- Zumba (\$48)**
- Thu, 7:15PM: 1/29-2/23
  - Thu, 7:15PM: 3/9-4/20\*
- Tai Chi (\$48)**
- F, 11:00AM: 1/20-2/24
  - F, 11:00AM: 3/24-5/5\*
- Men's 5v5 Competitive Basketball (\$105)**
- Sa, 4:00PM: 1/23
- Pickleball Lesson (\$0)**
- M, 12:00PM: 1/23; 2/27; 3/27; 4/24
- Cardio Drumming (\$48)**
- T, 6:00PM: 1/24-2/28
  - T, 6:00PM: 3/14-4/25\*
- Co-ed 3v3 Basketball (\$105)**
- T, 7:00PM: 1/24
- Pound! Workout (\$48)**
- W, 6:30PM: 1/25-3/1
  - W, 6:30PM: 4/26-5/31
- Women's 6v6 Volleyball (\$0)**
- Th, 7:00PM: 1/26
- Slow Flow Yoga (\$48)**
- F, 10:00AM: 1/27-3/3
  - F, 10:00AM: 3/17-4/28\*
- Introduction to Guitar (\$200)**
- T, 7:00PM: 1/31-3/21
- Fusion-Pilates/Yoga Mix (\$48)**
- W, 10:30AM: 2/1-3/8
  - W, 10:30AM: 3/22-5/3\*

JAZZERCISE is available  
at the Community Center  
Website: [jazzercise.com](http://jazzercise.com)

- Vinyasa Yoga (\$48)**
- Th, 7:30PM: 2/2-3/9
  - Th, 7:30PM: 3/23-5/4\*
- Prenatal Yoga (\$48)**
- F, 6:00PM: 2/3-3/10
  - F, 6:00PM: 3/24-5/5\*
- Vision Board (\$9)**
- M, 6:15PM: 2/6 or 3/6
  - Th, 12:30PM: 2/23
- Chakras, Auras, Meditation (\$33)**
- T, 6:30PM: 2/7
  - Sa, 12:00PM: 2/18

- Chunky Knit Blanket Making (\$88)**
- Sat, 11:00AM: 2/11
- CPR & First Aid (Workplace Cert.) (\$78)**
- Th, 1:00PM: 2/16
  - T, 10:00AM: 4/18
- Self-Love Presentation (\$6)**
- Thu, 12:30PM: 2/16
  - W, 4:45PM: 3/8
- Plant Based Cooking (\$90 + materials)**
- Sa, 11:00AM: 2/18-3/25
- Self-Defense (\$20)**
- Th, 6:00PM: 2/23
  - Wed, 6:00PM: 5/3
- Adult Drawing Classes (\$78)**
- M, 2:00PM: 2/27-3/27
  - M, 2:00PM: 4/10-5/8
- Breathing Practice for Well-Being (\$23)**
- T, 6:30PM: 2/28
- Managing Life's Challenges (\$58)**
- T, 6:30PM: 3/7-3/21
- Writing Life (\$60)**
- W, 6:30PM: 3/8-4/19

\*There are date(s) in this session  
when class does not meet.  
Refer to our website for specifics.

# SENIORS (50+)

\*There are date(s) in this session when class does not meet. Refer to our website for specifics.

## Chair Yoga (\$36)

- T or Th, 10:30AM: 1/17-2/23
- T or Th, 10:30AM: 3/7-4/20\*

## Cardio Drumming (\$36)

- T or Th, 11:30AM: 1/17-2/23
- T or Th, 11:30AM: 3/7-4/20\*

## Aerobics (\$36)

- W, 9:30AM: 1/18-2/22
- W, 9:30AM: 3/8-4/19\*

## Flex & Focus Fridays (\$0)

- F, 1:00PM: 1/20; 2/17; 3/17

## Line Dancing (\$36)

- M, 11:00AM: 1/23-3/6
- M, 11:00AM: 3/20-5/4

## Book Club (\$0)

- F, 1:00PM: 1/27; 2/24; 3/24

## Grief Support w/Assured Health (\$0)

- Th, 1:00PM: 2/2; 2/16; 3/2; 3/16; 4/6; 4/20; 5/4; 5/18

## B-I-N-G-O (\$9)

- T, 1:30PM: 2/7; 3/7; 4/11; 5/9

## Build A Birdfeeder (\$13)

- Th, 1:00PM: 2/23

## Self-Love Presentation (\$6)

- W, 12:00PM: 3/8

## Self Defense-Detroit Arms (\$10)

- Th, 1:00PM: 3/9

## One Act Musical Comedy w/the OPC (\$6)

- Th, 1:00PM: 3/16

## Shamrock Stroll Ice Cream Social (\$9)

- F, 12:00PM: 3/17

## Custom Wood Sign-AR Workshop (\$23)

- T, 1:00PM: 3/21

## Let's Play Ball - Tigers Opener (\$12)

- Thu, 12:30PM: 3/30

## Homemade Puzzle Button Craft (\$17)

- Thu, 1:00PM: 4/13

## Helping Hands Earth Day Celebration (\$9)

- F, 12:00PM: 4/28



## SENIOR CARD CLUBS & GAME GROUPS (Self-Led, Weekly, Social Gatherings)

### CARDS: Pinochle & Euchre

- W, 12:30PM-3:00PM: 1/18-5/10\*

### GAMES: Mahjong & Mexican Train Dominoes

- M, 12:30-3:00PM: 1/23-5/8\*

**\*\*These groups work best when one senior takes on organization of the group. Players bring their own equipment. A limited stock of cards and games will be available for play. Interested in being a group leader? Reach out to Amanda at 586-469-6800 ext. 520**

## Philadelphia Flower Show (\$799 DO)

- 3/7-3/10
- Register by 1/20
- Bianco Tours

## Zehnder's Ragtime Festival (\$56)

- 4/20, Bus Departs at 9:45AM
- Ages 50+ Trip
- Register by 3/8
- Highway coach provided free of expenses thanks to SMART.

## Bluey's Big Play-Fox Theater (\$33)

- 4/22, Bus Departs at 10:45AM
- Ages 2+ Trip
- Register by 3/24
- Highway coach provided free of expenses thanks to SMART.

## Lancaster, PA-Amish Country (\$939 DO)

- 4/24-4/2
- Register by 3/8
- Bianco Tours

## Springtime in the Smokies (\$1135 DO)

- 5/15-5/18
- Register by 3/30
- Bianco Tours

## 650 Players-'Glitz & Glamour' (\$TBA)

- 5/17, Bus departs at 11:00AM
- Age 50+ Trip
- Register by 4/12
- Highway coach provided free of expenses thanks to SMART.

## Historic Marshall (\$103)

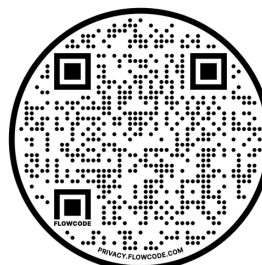
- 5/23
- Register by 4/20
- Bianco Tours

## Mackinac Lilac Festival (\$840 DO)

- 6/7-6/9
- Register by 5/5
- Bianco Tours

## Fall in New England (\$1839 DO)

- 9/17-9/23
- Register by 7/28
- Bianco Tours



**REGISTRATION OPENS  
JANUARY 4!**

**Scan this code with your smart device to find detailed program descriptions or to register!  
Follow us on Facebook and visit our website for the most up-to-date information!**

**HAVE A CLASS  
IDEA OR WANT  
TO BE AN  
INSTRUCTOR?  
GIVE US A CALL!**

**ADVANCE  
REGISTRATION  
REQUIRED FOR  
PROGRAMS.**

# BUS TRIPS



## Field Rentals

Memorial Park baseball fields and one soccer field are available for rent.

Conveniently located along M-97, top-notch grooming and lights make these fields an excellent choice for single use & tournament play. For availability and fees call 586-469-6847 ext. 515.

## Gazebo Rentals

A picturesque site for weddings and photography. The gazebo is located along the banks of the Clinton River in Downtown Mount Clemens on Northbound Gratiot. For rental rates and details call 586-469-6818.



## Park Locations

### Behnke Memorial Dog Park

- 300 N. Groesbeck

### Clemens Park

- Northbound Gratiot

### Clinton River Park

- Downtown along the riverbank

### Dorothea-Leonore Park

- Dorothea & Leonore Streets

### Kenneth D. Kirkum Memorial Park

- 58 S. Wilson

### Lawndale Park

- Lawndale & Dickinson

### MacArthur Park / Kayak Launch

- 96 N. River Rd.

### Memorial Park Sports Complex

- 300 N. Groesbeck

### Olsen Park

- 850 Harrington

### Rotary Park

- 47 N. Main

### Shadyside Park / Splash Pad

- 155 Shadyside

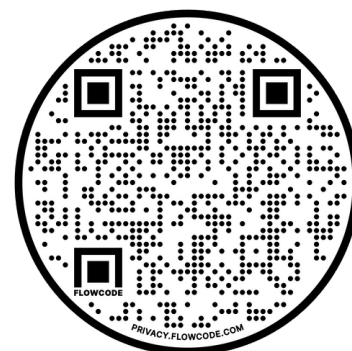
### Sleep Hollow Nature Preserve

- Riverside Drive

## Facebook: Mount Clemens Parks & Recreation

## Program Registration Opens January 4, 2023

Certain classes require a minimum number of student to make them 'go!' Register early to avoid class cancellations.



Scan this code with your smart device to find detailed program descriptions or to register!

## Mount Clemens Parks & Recreation

300 N. Groesbeck, Mount Clemens

### CONTACT US

Monday-Friday, 7:30AM-3:30PM

PHONE: 586-469-6800 ext. 520

EMAIL: [abowers@mountclemens.gov](mailto:abowers@mountclemens.gov)

### REGISTER

Online: 24-Hours

In-person: Mon-Fri, 11AM-3PM

Mail-in & drop box also available

### PAYMENTS ACCEPTED

Online: Credit Card

(Add. 2.85% Service Fee)

In-person: Cash, Check, Money Order

Mail-in: Check, Money Order



### SNOW DAY CANCELLATIONS

Recreation programs are canceled when any one of these school districts are closed; Mount Clemens, Anchor Bay, Chippewa Valley, Clintondale, L'Anse Creuse.

Website: [mountclemensrecreation.org](http://mountclemensrecreation.org)